

## **Christopher Valerian, DO, MMM**



An award-winning physician, entrepreneur and 2012 GQ Magazine Father of the Year award recipient, Dr. Valerian received his Doctor of Osteopathic Medicine degree from the New York College of Osteopathic Medicine and completed his postgraduate training in Family Medicine at Duke University. Additionally, Dr. Valerian completed a master's degree in Medical Management from Marshall School of Business, University of Southern California. His professional interests include Healthcare Reform, Quality, Performance Improvement, Population Health Management and making a business case for quality by integrating financial analysis and clinical outcomes. He has used his Black belt certification in Six Sigma in each of these areas. He has had faculty appointments at several medical schools as well as educating medical residents, physician assistants and nurse practitioners. He has also held an appointment as a Senior Scholar in the Department of Health Policy at Jefferson Medical College in Philadelphia, PA.

Dr Valerian has held several senior level positions in a variety of healthcare organizations including Chief Medical Officer of the hospital division of Cigna Health & Life Insurance Co. (formerly QualCare, Inc). In this role he had clinical oversight of all operations of the organization in addition to supporting provider enablement strategies, community health plan development and other healthcare reform programs, ACO development/support, and financial and management services to regulated insurance organizations. In his current role as an Operating Partner at Lorient Capital, LLC, he

helps drive the strategic goals for Continuum Institute, as well as responsibility for all aspects of operations, contracting, and acquisition strategies.

He is a successful entrepreneur and owner of M & E Management, LLC, a healthcare consulting firm that is engaged in several areas of the industry including population health management, hospital turnarounds, strategic advising around product development, healthcare reform, and value based payment models. In his previous role as Senior Vice President for Health Integrated, Inc., he had responsibility for clinical program development, analytics and measurement of success of their Targeted Population Health programs. He calls upon his extensive experience in this capacity including his former position as Executive Medical Director of Quality Management and Clinical Innovations for Horizon Blue Cross Blue Shield of NJ. His former roles as Vice President of Medical Affairs for a large, faith based national healthcare system and Medical Director of a large ambulatory group practice and Executive Director of Care Management /Quality have allowed him to become a change agent and champion of quality, improved clinical outcomes and integrated care management. As a result of his successes, he has presented on the topics of Healthcare Reform, Patient Centered Medical Homes, ACO's, preventive medicine, performance improvement, quality initiatives, disease management and population health management on the state, regional and national levels.

He has served as a physician advisor to the Quality Improvement Organization of New Jersey, elected officer of the Blue Cross Blue Shield Association Executive Medical Forum and frequently advises a variety of firms on topics in healthcare. Dr. Valerian has made numerous television appearances, as well as newspaper, magazine, professional journal, web broadcasts and podcasts.

His entrepreneurial experience includes owning and operating several companies including physician billing, practice management, outpatient infusion and consulting organizations. He has also contributed commentary as a thought leader for The Medical Pipeline Newsletter as a medical writer.

Dr. Valerian's years of experience as an Emergency Department Physician have allowed him to continue to leverage his clinical expertise in the management arena.